

IRB Protocol # F2019-315: A Grounded Theory Study to Explore the Relationship Between Physical Activity and Writing Activity in the Work of Careerist and Student Writers

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Dear writer,

We invite you to participate in a study being conducted for research on behalf of a Texas Woman's University (TWU) English, Speech, and Foreign Languages faculty member. The purpose of this study is to determine some of the variables impacting how writers—student or careerist writers—connect their physical activity processes to their written work. You have been asked to participate in this study because you are someone who both writes and moves your body on a weekly basis. By filling out the writing logs daily--which should take approximately 5-10 minutes for each entry, seven days a week, for four weeks--you will share with the research team how, when, and why you engage in writing and physical activity processes.

You may be invited to discuss your writing, moving, and/ or log-keeping experiences with the researcher in a follow-up interview that will not exceed 60 minutes. Participation in the follow-up interview is not required and at any point you can decline participation in this study at any time and without penalty.

Your input is invaluable to us, so please write as much as you wish. If you have questions, you can always email the investigators (Dr. Jackie Hoermann-Elliott, [jhellott@twu.edu](mailto:jhellott@twu.edu) or Margaret Williams [mwilliams54@twu.edu](mailto:mwilliams54@twu.edu)). If you have questions about your rights as a participant in this research or the way this study has been conducted, you may contact the Texas Woman's University Office of Research and Sponsored Programs at (940)898-3378 or via e-mail at [IRB@twu.edu](mailto:IRB@twu.edu).

This logging form has been approved under TWU IRB #F2019-315. Your participation is voluntary and you may decline participation without penalty. Note: There is a potential risk of loss of confidentiality in all email, downloading, electronic meetings, and internet transactions. The investigators of this study and her research team will take every measure of precaution into account when handling email correspondences, meaning that any emails sent to the primary investigator or anyone on her research team will be printed and stored in a locked filing cabinet that only the research team has access to, and then the electronic email will be deleted. No emails or data will be stored in Google Docs or Google Drive. Any emails sent to the researchers will not be analyzed or used as secondary data in this study.

Best wishes,

Dr. Jackie Hoermann-Elliott & Margaret Williams